



WELCOME

Welcome Novemberfast 2023. Each year we set aside the first 21 days in November to lean into prayer as a church family to better hear God's voice and get direction for the coming new year. It's hard to say what a new year will bring, but there are two ways to navigate it when it does: 1) you can let circumstances take you where they will, or 2) you can hear from God in advance, set your course and then push through opposing circumstances that appear with confidence that you're moving in the right direction.

Novemberfast will position you to step into the new year better equipped to take the ground that rightfully belongs to you.

FASTING FYI:

Fasts can be found everywhere in the Bible and when God's people fasted, they deprived themselves of food, sometimes water and other common pleasures. In place of those things they used their time to get closer to God, search out answers and fight for breakthrough in critical areas of their lives. Fasts lasted from as short as a single meal to as long as 40 days. There is always a level of discomfort proportional to the fast, but that was part of the sacrifice offered in order to experience the desired outcome.

To be clear, fasting is not a form of asceticism, the act of enduring physical discomfort to receive God's pleasure or strong arm Him into doing something on your behalf. Instead, fasting is the work of better aligning yourself with God to more easily access the favor He has for your life.

AS A NOVEMBERFASTER:

1. You will attend regularly scheduled church gatherings.
2. You will read assigned chapters in the Bible each day.
3. You will spend time implementing a Prayer Outline that is broken up into daily themes to better help you to pray effectively over the many components of your life.
4. You will watch a daily Video Challenge on Facebook and leave a comment to encourage other viewers.
5. It's up to you to decide what you will sacrifice during your 21 days. You will commit to a personally defined level of fasting including individual foods, complete meals, entertainment, leisure activities, social media, hobbies, etc.

Here Are Your Next Steps:

1. Register by clicking [HERE](#).
2. Visit the NOVEMBERFAST 2023 page [HERE](#), download the 2023 Novemberfast Booklet that includes your 2023 Novemberfast Commitment and Prayer Outline. These are available as Google Docs, Word Docs, and PDF's.
3. Next, join us November 1 and every day following on the C3 Facebook Page [HERE](#) to view the daily Video Challenge. After you're done with the video, be sure to leave a comment so we can enjoy the challenge together.
4. Finally, stick with Novemberfast all 21 days. If for some reason you miss a day or two, do not quit. Pick back up with the current day, and if you have time, go back and visit missed days. And if you don't find time to go back, keep moving forward. Better to miss a day or two then drop out because of a day or two. But even better, knock it out of the park all 21 days.

This year, you'll notice that the theme of our fast is FAMILY. We have chosen this theme because as disciples following Jesus, we are a part of the spiritual family of God which is a mirror image of individual natural families. We believe that God is wanting to bring revelation, vision and strength to both because both have been under such a heavy attack over the last several years.

This is going to be an incredible 21 days, and we are excited to have you join us. Let's do this!

Pastor Steve & Rowena

My Novemberfast 2023 Commitment

I commit myself to completing all 21 days of Novemberfast including church attendance, daily Bible reading, daily prayer using the Prayer Outline, and daily Video Challenges. Additionally, I plan to fast in the following ways:

Name:

Date:



Novemberfast Journal

Day 1

- Bible: John 1 / Proverbs 1-2
- Prayer Outline
- Video Challenge remember to leave a comment below video on Facebook

Day 2

- Bible: John 2 / Proverbs 3
- Prayer Outline
- Video Challenge remember to leave a comment below video on Facebook

Day 3

- Bible: John 3 / Proverbs 4
- Prayer Outline
- Video Challenge remember to leave a comment below video on Facebook

Day 4

- Bible: John 4 / Proverbs 5

- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 5

- Bible: John 5 / Proverbs 6-7**
- Prayer Outline**

Day 6

- Bible: John 6 / Proverbs 8**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 7

- Bible: John 7 / Proverbs 9**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 8

- Bible: John 8 / Proverbs 9-10**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 9

- Bible: John 9 / Proverbs 11**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 10

- Bible: John 10 / Proverbs 12**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 11

- Bible: John 11 / Proverbs 13-14**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 12

- Bible: John 12 / Proverbs 15**

- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 13

- Bible: John 13 / Proverbs 16-17**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 14

- Bible: John 14 / Proverbs 18-19**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 15

- Bible: John 15 / Proverbs 20**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 16

- Bible: John 16 / Proverbs 21-22**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 17

- Bible: John 17 / Proverbs 23**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 18

- Bible: John 18 / Proverbs 24-25**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 19

- Bible: John 19 / Proverbs 26-27**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 20

- Bible: John 20 / Proverbs 28**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Day 21

- Bible: John 21 / Proverbs 29-30**
- Prayer Outline**
- Video Challenge** remember to leave a comment below video on Facebook

Novemberfast 2022 Prayer Outline

The following themes and bullet points for daily prayer are designed to create a launching point for effective prayer that addresses many of the aspects of your life. Personalize this journal to include your specific requests and desired outcomes. Consider using it into 2023 and beyond. Be sure to create space in your prayer time for meditation, worship, thanksgiving, praying in the Spirit and repentance for a well rounded prayer time.

C3 SUNDAY *Focusing for all things C3 including global, regional and local churches, as well as your participation in this weekend's gatherings.*

Pray for C3 Global Global

- Ps Phil & Chris Pringle, Global Director
- Ps Simon & Valerie McIntyre, Americas Director
- Ps Seth & Karen Brooks, C3 NE PDX
- Ps Keyan and Kelsey Mueller, C3 Hermiston
- Ps Kerry & Rhian Robertson, C3 Frisco (Gamechanger Church)

Pray For C3 Southwest Washington

- Salvation, Baptisms, Healing, Breakthrough & Growth
- Finances, Property Sale, Facility Expansion & Future Properties
- Key Ministries: C3Kids, MyCity Students, Young Adults, First Impressions Team, Refresh Team, Connect Team, Logistics Team, Speaking Team, Worship Team, Production Team, Administrative Team, Events Team, Dinner Parties, Beyond Outreaches

This Sunday's Gatherings - Full House, God's Presence, Dynamic Worship, Effective Prayer, Abundant Offering, Life Giving Word, Altar Responses, Spiritual Growth, Numerical Growth.

My Role This Sunday -

- Arrive with a WORD/ENCOURAGEMENT for key individuals.
- Participate with a posture of faith
- Serve well in my ministry slot
- Give generously.
- Pray for several people

Additional Resources, Scriptures, Vision, Goals & Actions:

SET-THE-TONE MONDAY - *Sealing last week's activities with thanksgiving and praying for the week ahead; intercession for key individuals; prayer for our nation/region*

Previous Week: give thanks for key interactions, experiences and wins

This Week Ahead: prayer/declaring favor over key meetings and expectations

Intercession: prayer over specific people who need critical breakthrough

Prayer For Our Nation/Region

- Upcoming Elections
- President/Vice President & Branches of Government
- Governor/Mayor
- Revival in our Nation/Region/County

Additional Resources, Scriptures, Vision, Goals & Actions:

TRANSFORMATION TUESDAY *Focusing on key aspects of who I am that require change, improvement and breakthrough.*

Physical

Financially

Relationships

Career

Addictions Strongholds

Attitudes

Work Life

Church/Ministry Life

Additional Resources, Scriptures, Vision, Goals & Actions:

VISION WEDNESDAY *Focusing on key verses, promises, dreams and visions God has given, freshly declaring those over my life. This is also the day we focus especially on The Holy Spirit, His leading, gifts, etc.*

Verses

Promises/Prophecies/Dreams

Desired Holy Spirit Activity, Function, Empowerment Etc.

Additional Resources, Scriptures, Vision, Goals & Actions:

FINANCE THURSDAY *Focusing on all things finance as they flow in and through your life.*

Thankfulness For All Current Income Streams

Prayer/Plan For Increase Of Current :

- Salary
- Savings
- Property Values
- Investments

Prayer/Plan For Debt Reduction:

Prayer/Plan For Additional Revenue Streams/Business Ideas

Next Level Commitment to Giving:

- Tithe, 10% of current gross income to God's House
- Offering and Sacrificial giving - ____% above and beyond for needs I intersect with and specific offerings.

Prayer/Plan For Career

Prayer For Employer/Employees

Additional Resources, Scriptures, Vision, Goals & Actions:

Family/Friends Friday *Focusing on all things family, immediate and beyond.*

Your Role In Family Relationships

Family Members & Key Needs:

Friends & Key Needs:

Additional Resources, Scriptures, Vision, Goals & Actions:

Leadership Saturday *Focusing on your role as leader, your development and the lives you impact.*

My Leadership Roles

My Natural/Supernatural Leadership Gifts, Desired Gifts

Key Adjustments

Key People I Am Praying For

Key People I Am Inviting Deeper Into My World, Church and The Gospel

Additional Resources, Scriptures, Vision, Goals & Actions: